



WHAT TO BRING

Pack your flexibility, humility, and readiness for a fantastic experience!

Please bring:

- WORK WEAR - Clothes and shoes should be ones that can get dirty, sweaty, stained, painted, etc. You should include:
 - at least one pair of long pants
 - closed-toe, firm shoes for work (tennis shoes/work boots preferable)
 - 1 set of WORK GLOVES (outdoor work gloves)
 - knee length shorts
- Casual clothes for non-work times
- Toiletries (soap, shampoo/conditioner, toothpaste, toothbrush, brush, etc.)
- Small Bag for toiletries and towel
- Prescription Medications (inhaler, epi-pen, insulin, daily medication, etc.)
- Swimsuit/Sunscreen
- Sleeping bag/linens
- Single-size Air mattress/sleeping pad/cot (your time with us will be much more comfy with this!)
- Pillow
- Towel/washcloth
- Bible
- A re-usable water bottle (Nalgene, aluminum, etc.) to carry and use all week at sites

There are no laundry facilities on site, so plan and pack accordingly.

Do NOT Bring:

- Expensive or irreplaceable items (jewelry, special clothing, high price electronics, etc.); you don't want to lose it.
- Lots of money; you don't want to lose it.
- Clothes/Shoes that can't get dirty or sweaty (you may get dirty or sweaty during recreation; you will also be working with art supplies during Bible Study times). Just save the fancy stuff for a different trip; you won't need it at MYM!

Consider bringing: *board games/cards, etc. to play in your free time, a small amount of spending money, frisbees, etc. for outdoor play*

Worksite Dress Code for Adults and Youth:

Shorts: Comfortable for bending, moving, working indoors and outdoors (think basketball shorts).

CLOSED-TOE SHOES: Always wear closed-toe sturdy shoes—like tennis shoes—with socks. (no Texas, Crocs, Chacos, Birks, flats, or flips).

SHIRTS—t-shirts: All youth must wear shirts with sleeves. No tank tops, spaghetti straps, or low-cut shirts.

PANTS: Everyone must bring at least one pair of pants. Some work sites require pants. If shorts are too short, the participant will be required to wear long pants. Yoga pants and leggings ARE NOT appropriate worksite attire.

UNDERWEAR: Yes, please wear it. But no one should be able to see it. No underwear showing out of pants (pants must fit to waist). No bra straps showing out of shirts.