



## How can young people discern the kind of life they want to live?

When you were in first grade, what did you want to be when you grew up? How has that changed? Are there still similarities between what you wanted then and what you want now?

Alison started off with a quote from Frederick Buechner about vocation: "The place God calls you to is the place where your deep gladness and the world's deep hunger meet."

- What is your "deep gladness"? What kinds of things bring you joy? How can you incorporate those things into your daily life?
- What do you perceive as "the world's deep hunger," and how might you address it? What problems do you see in the world? What tools do you have for tackling them?

Alison noted that your vocation might not be your job. How do you interpret this? Is there a way to still do what you love without it being your full-time job? How does this land with you?

Alison emphasized that vocation can change, but change is often hard. During times where you are discerning a change, what strategies of reflection can you use? Who in your life can you talk to about these possible changes? How can you grieve what you're letting go and celebrate what you're embracing?

Alison used the phrase "intentional wondering." What does this mean to you? How can practices of meaning-making shape your decisions about the future?