

JUSTICE ACTIVITIES

THEME: Food Insecurity



20+ People



20+ Minutes



Med Risk

Youth Mission Co
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TITLE: FOOD SCAVENGER HUNT

A small to medium group art activity

Introduction: This activity invites the participants to engage in an at-home scavenger hunt. The presenter will begin by establishing the expectations below. Once the expectations have been set, the scavenger hunt can begin. The presenter can choose 10-15 items from the Healthy Food Donation List to read out loud. Once read, the participants will use the allotted time to find and reveal those items to the presenter and the rest of the group. After the activity is finished, have the participants watch the video on food insecurity below and discuss the topic.

Online or In-Person: Online

Goal(s): The goal of this activity is to make the participants aware of the resources they have and to contrast that reality with that of the working poor.

Materials:

- A computer or tablet
- Link to Healthy Food Donation List: [Click here](#)
- A video introducing Food Insecurity: [Click here](#)

Expectations:

- The participants will be given an allotted time (30 sec) to retrieve items. c
- This activity can be point-based or just run its course.
- The group watches the Food Insecurity video
- There is a discussion about food insecurity. [Sample questions here](#)

Leader Notes: There may be one or more food insecure participants in your group; you can have their participants keep count or keep track of time if they would like to.